

Montgomery County Community College
Associate in Science in Exercise Science and Wellness ^{NOTE 1}
to Bachelor of Science in Kinesiology
Temple University College of Public Health
(Effective Fall 2021)

Montgomery County Community College Recommended Course			Temple University Equivalent	
First Semester			First Semester	
MATH 130 OR MAT 106A	Probability and Statistics OR MATH 106A: Math Applications	4	STAT 2103 OR MATH L***	Statistical Business Principles OR Lower Level Elective- MATH
ENG 101	English Composition	3	ENGL 0802	Analytical Reading & Writing
BIO 121	General Biology I	4	BIOL 1012	General Biology II
Open Elective	Recommend BIO 131: Anatomy and Physiology ^{NOTE 2}	4	KINS 1223	Human Anatomy and Physiology I
ESW 102	Intro to Exercise Science, Wellness, and Sport Studies	3	KINS T***	Elective- Kinesiology
Semester Total:		18		
Second Semester			Second Semester	
BIO 132	Anatomy and Physiology II	4	KINS 1224	Human Anatomy and Physiology II
ENG 102	English Composition	3	ENG L***	Lower Level Elective- ENG
	Cultural Awareness and Diversity Elective	3		Dependent Upon Course Selection ^{NOTE 4}
ESW 206	Basic Nutrition	3	SBS 1104	Nutrition and Health
	Aesthetic Sensibility Elective	3		Dependent Upon Course Selection ^{NOTE 4}
Semester Total:		16		
Third Semester			Third Semester	
ESW Elective	Recommend ESW 215: Prevention and Care of Athletic Injuries ^{NOTE 3}	3	HRPR 1444	Movement Injuries: Prevention and Care
ESW 222	Applied Kinesiology	3	KINS T***	Elective- Kinesiology
ESW 224	Exercise Physiology with Lab	4	KINS 2203	Physiology of Physical Activity
CMS 110, CMS 120, THA 105	Public Speaking, Interpersonal Communications, Speech Communications, or Introduction to Acting 1	3		Dependent Upon Course Selection ^{NOTE 4}
PSY 215, PSY 210, PSY 206, PSY 137, PSY 136, PSY 101	Abnormal Psychology, Educational Psychology, Human Development/Life-Span, Intro to Organizational Psychology, Personality, or Intro to Psychology	3		Dependent Upon Course Selection ^{NOTE 4}
Semester Total:		16		
Fourth Semester			Fourth Semester	
	Open Elective	3-4		Dependent Upon Course Selection ^{NOTE 4}
	Open Elective	3-4		Dependent Upon Course Selection ^{NOTE 4}
	Open Elective	3		Dependent Upon Course Selection ^{NOTE 4}
ESW 245	Safety and First Aid	3	PBHL L***	Lower Level Elective- Public Health
ESW 228	Trends in Exercise Science and Wellness	2	KINS T***	Elective- Kinesiology
Semester Total:		14-16		
Total Credits Taken		64-66		

Notes:

- 1) Students who transfer with an A.S. in Exercise Science and Wellness from Montgomery County Community College are considered GenEd-to-GenEd and have satisfied all of Temple's General Education requirements.
- 2) Students should select BIO 131: Anatomy and Physiology. BIO 131 transfers to Temple as KINS 1223: Human Anatomy and Physiology I and satisfies a major requirement. Students transferring without this course may require additional time to degree completion.
- 3) Students should select ESW 215: Prevention and Care of Athletic Injuries. ESW 215 transfers to Temple as HRPR 1444: Movement Injuries: Prevention and Care and satisfies a Kinesiology Content Course requirement at Temple.
- 4) For information about how selected courses might transfer to Temple, please refer to Temple's Transfer Equivalency Tool (<http://admissions.temple.edu/transfer-equivalency-tool>) and consult with your academic advisor.

If the suggested classes are successfully completed and an Associate of Science in Exercise Science and Wellness degree is awarded from Montgomery County Community College, the remaining four semesters in the **B.S in Kinesiology** program at Temple University are as follows:

Remaining Requirements at Temple University		
Fifth Semester		Credits
KINS 1201	Introduction to Kinesiology in Public Health	3
KINS 2204	Motor Behavior	3
KINS 3202	Biomechanics of Physical Activity	4
	Kinesiology Physical Activity Program Course	2
	Kinesiology Content Course <i>Note c</i>	3
Semester Total:		15
Sixth Semester		
KINS 3364	The Science of Health-Related Fitness	3
KINS 3501	Research Methods in Kinesiology	4
HRPR 1001	Public Health: The Way We Live, Work, Play	3
	Kinesiology Content Course <i>Note c</i>	3
	Kinesiology Physical Activity Program Course	2
Semester Total:		15
Seventh Semester		
KINS 4242	Exercise, Nutrition, & Behavior	3
KINS 3101	Historical and Philosophical Dimensions of Physical Activity	3
KINS 3196	Psychology of Physical Activity [WI]	3
KINS 3213	Human Movement and Development	3
	Kinesiology Physical Activity Program Course	2
Semester Total:		14
Eighth Semester		
KINS 4196	Sociology of Physical Activity [WI]	3
	Kinesiology Content Course <i>Note c</i>	3
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	Kinesiology Content Course <i>Note c</i>	3
	Kinesiology Physical Activity Program Course	2
Semester Total:		14
<i>Credits transferred as part of the A.S. Exercise Science and Wellness:</i>		64-66
<i>Remaining B.S. Kinesiology Requirements to complete at Temple:</i>		58
Total Credits Completed to Satisfy the Requirements for the B.S. in Kinesiology:		122-124

Notes: Students following this plan are under the GenEd-to-GenEd General Education program.

- All inquiries about the undergraduate program and application are handled through the Office of Undergraduate Admissions. If you have specific questions about your application or the admission process, please call 215-204-7200.
- Inquiries specific to the Temple BS in Kinesiology program or specific course requirements can be directed to Jeffrey Gehris at jgehris@temple.edu.
- Kinesiology content courses must be selected from a prescribed listed of approved options. Students cannot use Kinesiology transfer elective credit to satisfy a content course area.
- Temple University requires that all undergraduate degree candidates complete [45 hours of the last 60 hours of the degree or program](#) as matriculated students at Temple University. If a matriculated student previously took Temple courses on a non-matriculated basis, those courses are counted towards this requirement.
- Per Temple's Transfer Policy for [Permission to Complete a Course at Another Institution after Matriculation](#), students who transfer 60 credits or more cannot receive permissions to transfer additional course work.